

RESOURCES 09.01.2020

Please bookmark your links for student resources: <https://www.contracosta.edu/remote-student-services/>. For the Campus Resource Guide, please go [here](#).

Along with the most recent minutes and this week's agenda, please see the following ATTACHMENTS (*thank you to Dr. Vanessa Mercado*):

- 1) **CCC PHONE BANKING DATA** – presented at the SSC meeting on May 7, 2020 by Dr. Vanessa Mercado, this is a summary of our campus-wide efforts on calling all of our students in the Spring upon the shelter-in-place orders.
- 2) **STUDENT ADVOCACY & STUDENT-LED RESEARCH COVID-19** – presented at the SSC meeting on June 4, 2020, by Dr. Vanessa Mercado, this is a summary of research updates in higher ed in the Spring of 2020.
- 3) **COVID-19 RESEARCH UPDATE & SPRING 2020 SURVEYS** – presented at the SSC meeting on August 6, 2020, by Dr. Vanessa Mercado, summarizes the CCC-specific findings from the preliminary 4CD COVID report. (Please note: 4CD final report to be released at a later date.)

In addition: below are additional resources shared throughout the summer's Student Success Committee meetings. Newly added or updated resources are included below in **RED**. Updates to this list will be sent as needed.

MENTAL HEALTH RESOURCES FOR STUDENTS

- Students can contact the Counseling Department at 510-215-3935, 510-215-3908, or email wellness@contracosta.edu.
- Students in an immediate crisis should contact the Contra Costa County Crisis Hotline at 1-888-678-7277 or 1-800-833-2900 24 hours a day.
- **CRISIS TEXTLINE** - The Crisis Text line is staffed by trained individuals and also has the ability to intervene in the case of an imminent crisis.

TECHNOLOGY RESOURCES

- **FREE INTERNET AND LAPTOP LOAN LINK FOR STUDENTS** – This link, thanks to the CCC Foundation and Sara Marcellino, allows students to apply for summer equipment including a Chromebook, scientific calculator, webcam, and internet access (6 free months).
- **ZOOM RESOURCES** – These resources can be used to help with security and configuration for your Zoom meetings in response to the uptick of Zoom bombing incidents across the region and country. These resources come from James Eystone, CCC IT and Satish Warriar from District IT:
 - [Zoom's suggestions](#)
 - [Tech Republic's recommendations](#)
 - [District IT resources](#)
- **DISTANCE LEARNING RESOURCES**
 - [Quest for Online Student Success](#) - Get students set up for success in online classes with Quest, a free self-paced workshop covering **Canvas, Zoom, Office 365, tech-readiness, staying organized, time management, online communication, dispelling myths about**

taking online classes, and student resources. It would take about 2 hours, but students can go at their own pace. They earn a certificate of completion that they can submit to their professors. Many professors are requiring or offering extra credit for it. Feel free to share the graphic and description below with students, which sends them to the self-enrollment link: bit.ly/ccquest

- ***NEW* STUDENT WORKSHOPS** – Please see the [link for updated workshops](#) for students. (InSite log-in required.)

COMMUNITY RESOURCES

- **CONTRA COSTA CRISIS CENTER** – this resource is offering 211 database trainings for service providers and grief support groups for community members, including Spanish grief support groups. Please see the attached fliers.
 - **211 Online Resource Database Training** – held every Tuesday 9am to 10am, search for community resources, create your own resource groups, train clients/community members to search for themselves. To register for the training, click here. For more information, contact: Blanca Gutierrez, blancag@crisis-center.org
 - **Grief Support Groups** – Accepting clients for Fall 2020. Support groups include: family/friends loss, survivors after suicide, parent/s loss, partner/spouse loss, children’s loss, Spanish speaking available. Call 800-833-2900, Text HOPE to 20121.
- **SAN PABLO ECONOMIC DEVELOPMENT CORPORATION** – this resource is part of the Workforce Innovation and Opportunity Act. They offer free case management, job search assistance, and training services to the public. Interested students can contact Owen Hershey, Senior Workforce Coordinator, 510-215-3209 or 510 215-3200 (front desk), www.sanpabloedc.org.
 - **Workforce Innovation and Opportunity Act (WIOA)** – Goal of the WIOA program is to help job seekers find gainful employment with good wages and benefits, and to help employers find well-qualified workers to fill job vacancies. In order to be eligible for these services, you must be: A U.S. citizen or legal resident (living in any county, 18 years of age or older, unemployed/underemployed, and registered with the Selective Service for males born after 1959 (unless arrive in the US after 25 years of age).
 - In order to apply for WIOA services with the San Pablo EDC, please call in to the WIOA Orientation (every Tuesday at 10:00 AM; please dial (425) 436-6369, then when prompted enter access code 589463#).
 - You can also call or e-mail Jackie Alejandre at 510-215-3220 or jacquelinea@sanpabloedc.org to learn about the WIOA program and ask any questions you may have.
 - **Measure Q training funds for San Pablo residents:** The San Pablo EDC is able to covers 50% of enrollment fees, books, and supplies, along with possible childcare funding, for verified San Pablo residents with a High School Diploma or GED enrolled in Career Education programs at Contra Costa College. To find out more about funding for San Pablo residents, please call Nora Ruiz at (510) 215-3202, and check out the links at [San Pablo EDC funding for Career Education at CCC](#) and [Contra Costa College - Career Education funding for San Pablo residents](#).

COVID-19 INFORMATION

- [COUNTRY-WIDE FREE COVID-19 TESTING](#) – publicized by Contra Costa County Health Services. Call 1-844-421-0804 from 8 a.m. to 3:30 p.m. daily for an appointment at one of eight Contra Costa County sites.
- [CONTRA COSTA COUNTY COVID-19 STATISTICS](#) – updated on a frequent basis, including latest cases and trends.
- **RESEARCH REPORT: #REALCOLLEGE DURING THE PANDEMIC: EVIDENCE ON BASIC NEEDS INSECURITY AND STUDENT WELL-BEING** – The Hope Center [created a new report](#) that touches on basic needs and job insecurity and mental health issues.
- ***NEW*** [STUDENT SAFETY CHECKLIST](#) – This is a checklist for any student coming to the CCC campus for any in-person courses or instruction.
- ***NEW*** [4CD COVID RESOURCES MAIN PAGE](#)

NEW **SOCIAL JUSTICE RESOURCES** (*thank you to Dr. Manu Ampim, Dr. Nooshi Borhan, and Dr. Katie Krolkowski*)

- ***NEW*** The completed **webpage**, "[CCC Caravan For Racial Justice: Honoring the Life of George Floyd](#)"
- ***NEW*** The completed **social media pages** (i.e. [Facebook](#) and [Instagram](#)) [#CCC4RacialJustice](#)
 - Also, here is the full video of the event on [Facebook](#).
- ***NEW*** **SharePoint Folder** ("[CCC Call To Action](#)") with all of the racial justice commitments and statements of support of the AASA "Call To Action" by each program, department, and constituency group. This is a public folder that everyone on campus has access to and will be able to add and edit program, department, and constituency group documents and commitments as needed.
 - ***NEW*** **CCC ACADEMIC SENATE COMMITTEE:** At CCC, the ASC took the unusual step of holding two senate council meetings during June and July 2020, [where they passed resolutions](#) responding to the movement recognizing institutional racism, Chancellor Ortiz' call to action, and especially the [Call to Action](#) from CCC's African American Staff Association. These resolutions will direct ASC campus-wide work to realize true change on campus to address racial inequities.
- ***NEW*** [State Student Senate YouTube Channel](#) (including Town Hall on Anti-Racism)
- ***NEW*** [CORA LEARNING WEBSITE](#) – Recorded webinars on anti-blackness, racial bias, and a five-part series, "Black Minds Matter".